

# 21 DAYS OF JOY

## PRAYER GUIDE



## **DAY 1:**

*But the angel said to the women, "Do not be afraid, for I know that you seek Jesus who was crucified. He is not here, for he has risen, as he said. Come, see the place where he lay. Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee; there you will see him. See, I have told you." So they departed quickly from the tomb with fear and great joy, and ran to tell his disciples. - Matthew 28:5-8*

Jesus, everything changed on that Sunday morning. How awesome and wonderful You are. Forgive my casual approach to Your empty grave and by your Holy Spirit restore the awe and wonder of Your resurrection; that in joy I will be excited to share the Good News of the cross and the promise of life everlasting with You. - Amen.

## **DAY 2:**

*Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. - Hebrews 12:1-2*

Jesus, You authored and completed the faith You gifted me so that there is nothing I can boast of except the cross. My salvation is by Your grace alone. You gave Your life so that I may have life. You endured suffering so that I would not suffer the penalty of my own sin. You took my sin and gave me Your righteousness. You are seated at the right hand of Father, interceding for me continuously. Thank You, Lord. May all my life, all my desires, all my praise be an expression of joy for what You have done for me. For Your glory. Amen.

## **DAY 3:**

*You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore. - Psalm 16:11*

Lord God, You are holy in all that You do. I worship You for the joy of my salvation and the gift of Your Holy Spirit. I love You, Lord. You have revealed to me the path of my life. Your ways are perfect, Your Word is true, You are always good. Thank You for the joy of my salvation in revealing Yourself to me. I long for Your presence, Lord. In Your presence there is the fullness of joy, true light, real life, and abundant living. I want to be at Your right hand for that is the place of honor, of Your choosing, of Your calling. You have done this Lord because of Your great mercy and love. Amen.

#### **DAY 4:**

*The meek shall obtain fresh joy in the Lord, and the poor among mankind shall exult in the Holy One of Israel. Then my soul will rejoice in the Lord, exulting in his salvation. - Isaiah 29:19; Psalm 35:9*

Jesus, we worship You for You are worthy of all our praise. All glory and honor be Yours for evermore. Amen. Lord, we desire a refreshing from You. We ask that You fill in us a fresh expression of joy so that we may worship You with all our heart, all our mind and all our strength. We praise You, O Holy One of Israel. Hallelujah! Hallelujah! Thank You our King and Savior for the free gift of eternal life and the promise of a resurrection on that Great Day when You will come and establish Your Kingdom here on earth just as it is now in Heaven. Come Lord Jesus. Amen.

#### **DAY 5:**

*May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope. - Romans 15:13*

Father, all true joy and peace comes from You. Everything that is of righteousness and holiness comes from You. You, Lord God, are my source of all that I need. Thank You, Father. I am in great need of Your Spirit's power to overwhelm me with the hope that I have in Jesus and the promise of the resurrection. Forgive my lack of faith and for setting my attention and desires on the things of this world instead of the riches I have in Jesus. Holy Spirit, give me power and joy to live out my salvation before a watching and wanting world. Be glorified in all my conversations. May the Savior of my life and the Lord of all be the center and focus of all that I am and all that I do. In the name of Jesus. Amen.

#### **DAY 6:**

*Rejoice in the Lord always; again I will say, rejoice. Let your reasonableness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. - Philippians 4:4-7*

Lord of all, I worship and I give You all praise, honor and glory for what You have done, what You continue to do and what You have promised to do in Your Word. You are coming soon, Jesus, to establish Your Kingdom and to rule over all; prepare Your church, Lord. I confess to You, Father, that I am anxious about so many things, particularly in these days of trouble. I come to You seeking Your Face, seeking Your Presence, for You are good and You

are kind. In Your Presence Lord there is no fear, no trouble, only Your peace and the light of Your glory. This is my desire, Lord. I pray this in Jesus name. Amen.

### **DAY 7:**

*Let the heavens be glad, and let the earth rejoice; let the sea roar, and all that fills it; let the field exult, and everything in it! Then shall all the trees of the forest sing for joy before the Lord, for he comes, for he comes to judge the earth. He will judge the world in righteousness, and the peoples in his faithfulness.*

- Psalm 96:11-13

Jesus we know all of creation waits in eager anticipation for Your glorious return when You will make all things new and You will reign forever and ever. All glory, honor and praise be Yours, to the Lamb who was slain and to our risen Lord, Jesus, our Savior and King. We worship You and give you praise, Lord. Holy Spirit, open our eyes so that we would be able to see beyond our present struggles and look to the prize of our inheritance, guaranteed by the sacrifice of Christ on the cross. Our devotion is not to impress others or to wrestle some favor from Your hand; we worship You with joy in our hearts for making us Your own possession and we want nothing more than be home with You. Amen.

### **DAY 8:**

*But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.*

- Galatians 5:22-23

Holy Spirit, thank You for Your Presence in my life. Thank You, Father, for Your wonderful Gift. Thank You, Jesus, for the promise of Your comfort. O Lord my God, You are so good to me. Thank You, Lord. I confess Lord, that I am unable to produce Your Spirit's fruit in my life on my own, by my own works and for my own agenda. I am powerless and helpless without You, Father. Forgive my arrogance and my selfish pride. I can only come to You as empty and poor, lacking everything. You are my power, Father. Jesus, You are my hope. Spirit, You are my source. In You, Lord, I lack no good thing. Thank You, Lord. Holy Spirit, fill up in me what is only pleasing and needed in my life. Let me walk and be led by You, for the glory of Jesus, in whose name I give praise. Amen.

## **DAY 9:**

*Our soul waits for the Lord; he is our help and our shield. For our heart is glad in him, because we trust in his holy name. Let your steadfast love, O Lord, be upon us, even as we hope in you. - Psalm 33:20-22*

Father, I confess to You that I run ahead of You and most of the time I refuse, I even hate having to wait for You. I'm so impatient Lord. I'm so guilty of being selfish. Forgive me, Father. You are my help and my shield of protection. Only You can provide the comfort and protection, the hope and joy that I need. Holy Spirit, in this season of waiting, may all my dependence, my focus, my hopes and desires be on Christ and Him alone. Thank You for loving me Father. You are my joy and I worship You. Amen.

## **DAY 10:**

*So Jesus again said to them, "Truly, truly, I say to you, I am the door of the sheep. All who came before me are thieves and robbers, but the sheep did not listen to them. I am the door. If anyone enters by me, he will be saved and will go in and out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly. - John 10:7-10*

Author of life, I praise and give You glory for all Your wonderful provisions You have gifted us. How good You are O Lord. You gift us with joy abundantly. You gift us with life abundantly. You gift us with Your Holy Spirit abundantly. You gift us with Your protection in times of trouble abundantly. You gift us with much more than we can ever imagine or hope for abundantly. You make us heirs with Christ abundantly. You are our all in all, our beginning and ending, abundantly. I thank You Father for gifting us with the opportunity to share Christ's love with those in need. Amen.

## **DAY 11:**

*But let all who take refuge in you rejoice; let them ever sing for joy, and spread your protection over them, that those who love your name may exult in you. For you bless the righteous, O Lord; you cover him with favor as with a shield. - Psalm 5:11-12*

Lord God, You are our refuge and our protection. We need You, Father; always. We worship You and sing songs of joy in Your presence. Blessed be Your name forever. You are holy, faithful and true. May all who know You and confess Your Son Jesus as Lord and Savior give You praise. Your name, Jesus, is above all names. At Your name everything in creation will bow before You and worship You forever and ever. We thank You, Lord God, for Your mercy on us and the gift of Your Spirit who takes residence in us and

makes us Your holy tabernacle. We are Your possession. O God, we are helpless and lost without You. Cover us with Your grace so that today we would glorify You in every conversation and every action. Through Christ we offer our praise. Amen.

## **DAY 12:**

*Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God. Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.*

- Romans 5:1-5

Jesus, by Your expression of unconditional love on the cross I am forgiven and I now have peace with my God, my Father. I confess to You that I believed I was saved when I was totally lost. I obeyed the ways of the world instead of walking with You. Thank You, Lord for Your salvation. Thank You for Your grace and Your call on my life. Thank You, Jesus for the opportunity to suffer for You, for my sufferings produce in me a greater faith and a deeper commitment to You because Your Holy Spirit speaks over me of Your great love. I want to know You more, Lord. Not just know about You but to know You and to walk with You and be led by You. For Your glory. Amen.

## **DAY 13:**

*If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. These things I have spoken to you, that my joy may be in you, and that your joy may be full. Your word is a lamp to my feet and a light to my path. - John 15:10-11; Psalm 119:105*

Lord God, Your Words are true, Your Promises are faithful, Your Instructions are for my benefit, Your Breath is life to me. They are the Light for my journey and the Guide for my steps. Thank You, Lord. In Your kindness You did not abandon me. I was hopeless and lost when You sent Your Light and Life and rescued me. By Your grace, Lord, You gave me new life, new love and new joy that can never be taken away. You are good, Lord. Keep me focused on my path, Lord; I am so easily distracted by the things of this world. As You guard my heart and mind may all my hungers and affections be directed toward Jesus and the desire to know You and the One who gave His life so that His joy would be found in me. Amen.

## **DAY 14:**

*Yet I will rejoice in the Lord; I will take joy in the God of my salvation.*

*- Habakkuk 3:18*

Father, thank You that You chose to send Your grace on me; so I will choose to worship You and give You thanks for who You are and what You have done. I praise You, Father. In the middle of my questions, my distress, my circumstances, I will choose to praise You and take joy in the God of my salvation. Keep me strong, Lord. Holy Spirit, always remind me of the love I have in Christ Jesus. For Your sake I will give You glory. Amen.

## **DAY 15:**

*I will also praise you with the harp for your faithfulness, O my God; I will sing praises to you with the lyre, O Holy One of Israel. My lips will shout for joy, when I sing praises to you; my soul also, which you have redeemed. This is the day that the Lord has made; let us rejoice and be glad in it.*

*- Psalm 71:22-23; 118:24*

God, this day is a gift from You so I want to use this day as a gift to give You praise. Thank You, Lord for all You have done. When I consider Your ways and all the wonderful things You have done, I want to worship You Lord with all my heart and soul. Father, I desire to use my talents, gifts and abilities as an offering to You. I confess that sometimes my worship is mediocre. Please forgive me Lord. Holy Spirit, empower me to worship with great joy. Your Word says I can't even pray without Your help, so help me to pray and worship my God and Father and my Lord Jesus who has given me everything. Amen.

## **DAY 16:**

*On the last day of the feast, the great day, Jesus stood up and cried out, "If anyone thirsts, let him come to me and drink. Whoever believes in me, as the Scripture has said, Out of his heart will flow rivers of living water.'" Now this he said about the Spirit, whom those who believed in him were to receive, for as yet the Spirit had not been given, because Jesus was not yet glorified. - John 7:37-39*

Jesus, I confess to You there are times I feel shallow, empty and tired of it all. I often wonder what happened to my joy. Forgive me for doubting You, Lord. You have always been faithful and true. You always keep Your promises. I am guilty of wandering and searching for those things that do not satisfy. You are my source, Jesus. From You flows the refreshing that I so desperately need. Thank You, Lord, for Your promises. Your Spirit lives within me and fills me to overflowing. I seek only You, Jesus. You are the refreshment to my thirsty soul. Amen.

## **DAY 17:**

*Rejoice in the Lord, O you righteous, and give thanks to his holy name! Make a joyful noise to the Lord, all the earth; break forth into joyous song and sing praises! - Psalm 97:12; 98:4*

Holy, holy, holy are You Lord God Almighty; the whole earth is full of Your glory (Isaiah 6:3). Let all peoples and nations praise You, Lord God, for You are Holy and You have done wonderful things for us. How awesome are Your deeds, O God. I ask that You take my worship and make it an offering of praise to You. Holy Spirit, take my prayers and songs of praise and speak on my behalf (Romans 8:26-27). Jesus, I worship You, for You are now interceding for me before the throne (Romans 8:34). May all my life, all my songs, all my worship bring glory and honor to You, O Lord, my Savior and my God. Amen.

## **DAY 18:**

*Let love be genuine. Abhor what is evil; hold fast to what is good. Love one another with brotherly affection. Outdo one another in showing honor. Do not be slothful in zeal, be fervent in spirit, serve the Lord. Rejoice in hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints and seek to show hospitality. - Romans 12: 9-13*

God, You are full of compassion and Your love for me is beyond measure. Thank You, Lord for Your perfect love and faithfulness. How good You are to me. Father, Your Word says that if I do not demonstrate my love for others my faith is useless (James 2:14-16). I ask that You forgive me for being selfish and lazy in serving You and caring for others. Forgive me, Lord. Grow in me a desire to care for the needs of others more than I care for myself. Jesus, You came to serve and not to be served (Matthew 20:28). Open my eyes and my heart to a hurting and lonely world so that You will be honored and glorified. For Your Name's sake. Amen.

## **DAY 19:**

*Be glad in the Lord, and rejoice, O righteous, and shout for joy, all you upright in heart! For his anger is but for a moment, and his favor is for a lifetime. Weeping may tarry for the night, but joy comes with the morning. - Psalm 32:11; 30:5*

O God, my Savior, this is the day that You have made, I will rejoice and be glad in it (Psalm 118:24). I rejoice in Your goodness, Your kindness, Your abundant mercy and Your love. You have made me righteous through the cross, the sacrifice of Your Son. You made me Your own and removed my shame. I praise You, Lord. Holy is Your name. I praise You for Your work of



making me new. As I rise to start this day, may You receive all glory, honor and praise. Amen.

## **DAY 20:**

*So also you have sorrow now, but I will see you again, and your hearts will rejoice, and no one will take your joy from you. In that day you will ask nothing of me. Truly, truly, I say to you, whatever you ask of the Father in my name, he will give it to you. Until now you have asked nothing in my name. Ask, and you will receive, that your joy may be full. - John 16:22-24*

Jesus, all I want is You. Everything I need and everything I hope for is found in You. Please lead me to that place where all I desire and all I seek is Your face (Psalm 27:8). Holy Spirit, work in me so that I will become a "Presence Seeker" and not an "Idol Keeper". Empower me to cast off all those idols that weigh me down (Hebrews 12:1) and all those thoughts of my past that discourage me (Philippians 3:13-14). Fill up in me the joy of knowing You as my Friend, my Savior and my Source. I love You, Lord. In Your name for Your glory. Amen.

## **DAY 21:**

*Trust in the Lord, and do good; dwell in the land and befriend faithfulness. Delight yourself in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him, and he will act. He will bring forth your righteousness as the light, and your justice as the noonday. - Psalm 37:3-6*

Lord, there is no one like You. You have established Your throne so that no kingdom can stand against You. Holy is Your name. You know our ways, Lord. You know our coming and going, You know us from beginning and ending. We praise You for calling us to Yourself and making known to us the Gospel of Jesus. You are our joy. May the desires of our heart be according to Your will and Your timing as we commit ourselves to You. We trust You, Father and we give You praise believing that You will accomplish all Your promises that are Yes and Amen in Jesus (2 Corinthians 1:20), in whose name we pray. Amen.

