

Day 13

"In all circumstances..." - Eph. 6:16a

Heavenly Father, faithful Friend, You are so good to Your children. You never change and Your love for us never changes. You are perfect in all Your ways; Your Word is true; and in every circumstance You are a shield for those who take refuge in You (2 Samuel 22:31). By Your power, LORD, the same power that raised Your Son from the grave, cover us with Your protection. Remind us of Your unending love and deliver us from evil (Matt. 6:13). May all our ways be according to Your purposeful plan and may our worship be pleasing in Your sight. Through Christ our Savior and Redeemer. - Amen.

Day 14

"...take up the shield of faith, with which you can extinguish all the flaming darts of the evil one." - Eph. 6:16b

Father, may the coming persecution find me faithful. May the Spirit's fruit of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self control be ever increasing in me (Gal. 5:22) to give You glory. Protect me and my family by Your mighty arm. Your love endures forever (Psalm 136:12). - Amen.

Day 15

"...and take the helmet of salvation." - Eph. 6:17a

O God, forgive me when I have doubted Your love for me. Forgive me when I have listened to the lies of the evil one and believed that You turned Your face away from me. I am so full of pride, LORD. Forgive me. Thank You for Your unconditional love, Your amazing grace and the gift of faith (Eph. 2:8-9). Thank You, Jesus, for taking my sin upon Yourself and placing Your righteousness on me. I am saved by what You did and not by what I have done! Thank You, LORD! - Amen.

Day 16

"...the sword of the Spirit, which is the word of God."

- Eph. 6:17b

O God, by Your command You created all things; by Your Word You change the hearts of people, and by Your authority Your Son, Jesus, will return and establish His Kingdom forever. Your Word is powerful, LORD. It is the lamp to my way and a light to my journey (Ps. 119:105). By Your Spirit, empower me to be like David, who loved Your Word and meditated on Your Word day and night (Ps. 119:97); and by Your power and authority help me take possession of every promise in Your Word which is guaranteed by Jesus (2 Cor. 1:20). By Your Word help me resist the devil so he will flee from me (James 4:7). I claim not authority or promises on my own, Father; I only rest and have full assurance on what You have said in Your Word. Keep me faithful, LORD. - Amen.

Day 17

"...praying at all times in the Spirit, with all prayer and supplication." - Eph. 6:18a

Lord, teach me to pray! Holy Spirit, I can't pray without Your help and Your leading. I know that I stumble at expressing my hurts and my desires, but You, Lord, have promised to intercede on my behalf. Thank You, Lord. Please find me joyful in hope, patient in trouble and faithful in prayer (Romans 12:12). Speak to me, Lord. Help me to hear Your voice. Give me grace to listen and the power to obey. - Amen.

Day 18

"To that end, keep alert with all perseverance..." - Eph. 6:18b

Thank You, LORD, for You are my help and my salvation. You never take your eyes off me and are always aware of my life, my coming and my going. You keep me safe (Psalm 121). You are always faithful. I give you praise, LORD. I ask, Father, for Your power, not to focus on the things that are temporary, but to focus and give my full attention to those things that are eternal. Jesus, You called me to be faithful. Lead me, LORD and help me. - Amen.

Day 19

"...making supplication for all the saints..." - Eph. 6:18c

Father of all, faithful friend, please send Your love and power on all those who are saved by Jesus so that we will share the love of Jesus with our families, our neighbors, our friends and co-workers. By Your Holy Spirit and by Your authority, help us to own the commission to go into the whole world and be disciple-makers of Jesus Christ (Matthew 28:18-20). Give us opportunities to have conversations, Father. Help us to be lovers of Jesus and lovers of people (Matthew 22:37-40) for Your glory until the return of Your Son. - Amen.

Day 20

"...and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel..."

- Eph. 6:19

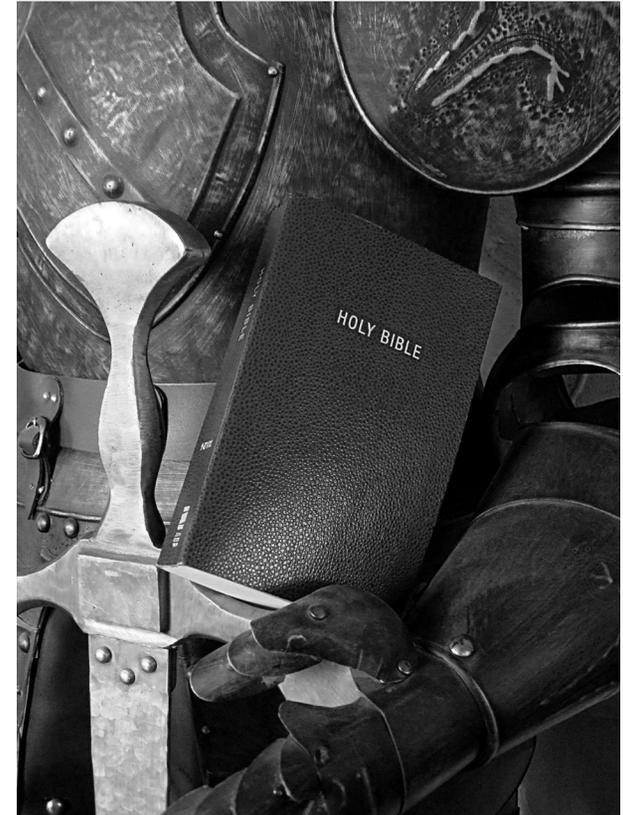
God, I admit that I'm bold when I want my own way but not so much when I have the opportunity to stand up for You. Most of the time I fail. Forgive me, LORD. I know in my mind what I want to do, but when it comes down to actually doing it, I won't (Romans 7:21-23). I need Your power and Your courage! Please, by the ministry of the Holy Spirit, remind me of Your love and the loving sacrifice of Your Son, Jesus, that I may be bold in giving my testimony of what Jesus has done for me and how good You have always been to me (Mark 5:19). - Amen.

Day 21

"...for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak." - Eph. 6:20

Father God, thank You for the ministry and gift of sharing Jesus with other people. Thank You that this ministry has always been about Jesus and never about ourselves. Thank You, LORD, that it's always been about Your power and our complete dependence on You. By Your authority, God, and because of grace, receive glory and honor in how we represent Jesus to a world that is lost and empty. Fill us with the Holy Spirit so that we will speak Your Word with great boldness and witness the growth of Your Church (Acts 4:31). We love You, LORD. You are always so very good. - Amen.

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"Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak."
- Ephesians 6:10-20 (ESV)

Day 1

"Finally, be strong in the Lord..." - Eph. 6:10a

Father, I confess to You that I am weak. I am so overwhelmed by the things of this world that I feel hopeless and helpless. What can I do to make a difference? Forgive me, Father, for trying to do it on my own. It never works! Forgive my prayerlessness. Forgive my pride I need Your strength. I need to walk with You; to follow You; to be led by You, and to do Your will instead of doing my own. Make me strong, Lord. - Amen.

Day 2

"...and in the strength of his might." - Eph. 6:10b

Father, I'm tired of just getting by. I'm worn out by a mediocre life! I know that You want all of me, not just part of me. Forgive my casual relationship with You. I need Your strength, Your power, Your Presence. I can't do life without You, LORD. Please empower me with Your Holy Spirit to honor You as LORD over everything. I give it all to You. Please use me in such a way that I am completely dependent on You. May whatever I do fail miserably, unless You are doing it in me and You are going before me, all for the glory and honor of Jesus. - Amen.

Day 3

"Put on the whole armor of God." - Eph. 6:11a

Father, we give You praise and worship for Your never-ending resources and protection on our lives. Thank You, LORD. Thank You that You never leave us helpless and defenseless. Thank You for the forgiveness and promises we have through Jesus. You are good, LORD. Help us own the truth of Your care, Your protection and Your provision. Your Word promises that "I will never leave you nor forsake you" (Heb. 13:5). Holy Spirit, empower us. Forgive us for our half-hearted obedience. Forgive us for being confident in ourselves instead of fully confident in You. We worship You, LORD. - Amen.

Day 4

"...that you may be able to stand against the schemes of the devil." - Eph. 6:11b

Father, You are great. You gifted me with Your Holy Spirit, marking me as Your own. You made me "alive together with Christ" (Eph. 2:5) so that through Jesus "He who is in me is greater than he who is in the world" (1 John 4:4). Thank You, Father. I know that nothing the devil tempts me with is unique to me, but even in his scheming You are faithful and never leave me alone (1 Cor. 10:13). Thank You for Your wonderful love and provision. You are Holy and True. I give You praise and honor and glory for all You have done. - Amen.

Day 5

"For we do not wrestle against flesh and blood..." - Eph. 6:12a

Faithful Father, I ask that You open my eyes to the reality of Your kingdom and take my focus and my desires away from the things that are only temporary. Your Son, Jesus said, "My kingdom is not of this world" (John 18:36). How easily I am misled, Father. Forgive my pride and desires for the things that take my eyes off of You and Your Son, Jesus. Forgive me for always playing the victim and blaming others when I don't get my way. Forgive me for justifying my sin and disobedience. My hope and my true identity is found in Jesus and what He did for me. I trust You, LORD. You are good, always. - Amen.

Day 6

"...but against the rulers, against the authorities, against the cosmic powers over this present darkness." - Eph. 6:12b

Father, You are Holy. Great and mighty are Your works, LORD. You rule forever and ever. There is no one like You. You, Jesus, are "King of kings and Lord of lords" (Rev. 19:16). Whom shall I fear, LORD? Of whom shall I be afraid? (Psalm 27:1). You have placed Your Holy Spirit within me, LORD. Thank You for Your Presence. You are good, Father. Send Your power and protection on my life, on the lives of those You love and on Your Church. Keep the evil one away from me and through the presence of Your Holy Spirit help me not to listen to the lies of the devil nor his demons. I thank You for Your Word. Your Word is Truth (John 17:17). I ask that You move against the evil that wars against Your Church. Your Word promises that "the gates of hell shall not prevail against it" (Matthew 16:18). Send Your Holy Spirit upon us, LORD. Give us a testimony of the great and awesome things that You have done. We worship You, LORD. Thank You for what You have done for us. - Amen

Day 7

"...against the spiritual forces of evil in the heavenly places." - Eph. 6:12c

O God, You are faithful. Thank You for Your kindness and calling on my life. You are great, LORD. Your mercy and compassion is from everlasting to everlasting, forever and ever. Keep me from evil, Father. Remind me, through Your Holy Spirit, that You love me and will never leave me alone. Use me as You will, for the glory of Jesus so that He will be magnified and His Church will increase, from generation to generation until He returns and all His angels with Him (Matthew 25:31). - Amen.

Day 8

"Therefore, take up the whole armor of God that you may be able to withstand in the evil day." - Eph. 6:13a

Father God, I thank You for today. This day is unlike any other day. This is the day that You have made so I rejoice and be glad because it is a wonderful gift from You (Psalm 118:24). I ask that will You keep me from all evil and protect my life. But I do know that if evil comes, You are faithful and You are enough for me. Help me to remain faithful and trust in You for all things. Thank You for being my provision and my strength so that I will not be weary (Isaiah 40:31). Help me to honor Jesus in everything. I pray this in His name and for His glory. Amen.

Day 9

"...and having done all, to stand firm." - Eph. 6:13b

Who will separate me from Your love, LORD? No one and nothing! (Romans 8:35). You have gifted me with Your Holy Spirit who gives me Your power and Your strength. Thank You, LORD. You have gifted me with Your Word, which is Your final authority. You have gifted me with faith to see beyond my present circumstances and to hold on to all Your promises. You have gifted me with the hope of the resurrection and life with You. Thank You, Father. You have gifted me with Your Son, Jesus, my Savior and King, who placed on me all His righteousness, freeing me from sin. In Him I stand and will never be ashamed. - Amen.

Day 10

"Stand therefore, having fastened on the belt of truth." - Eph. 6:14a

Father, I ask that You guard my heart and mind in Christ Jesus (Philippians 4:7) so that I may be transformed by the renewal of my mind, that by testing I may discern what is Your good and acceptable and perfect will (Romans 12:2). Remove from my hearing and spirit the lies of the devil. Strengthen me by Your Holy Spirit to stand firm on Your promises. You are holy and perfect, LORD. In everything I give you praise, because of Jesus and His love for me. - Amen.

Day 11

"...and having put on the breastplate of righteousness." - Eph. 6:14b

Jesus, thank You for securing my salvation through Your obedience on the cross. Your death gave me life, freeing me from a no-purpose, hell-bound future (Romans 7:24-25). I worship You, Lord. You have set me free from sin and have given me the desire to worship and follow You. Father, empower me to obey Your Word, to be led by Your Spirit, as a testimony of how good and faithful You are. For Your glory, always. - Amen.

Day 12

"...and, as shoes for your feet, having put on the readiness given by the gospel of peace." - Eph. 6:15

Father, may I be found ready to confess Jesus as Lord and Savior (Matt. 18:32) and give a defense for the hope that is in me (1 Peter 3:15). May I never be put to shame or cause shame to those who trust in You (Psalm 69:6). By the power of Your Holy Spirit may I stand confident in all Your promises and confident in the salvation You have given me through faith in Jesus. I love you, LORD. - Amen.